

Clinician's Guide to Understanding Atypical Antipsychotic Drug Receptor Binding Properties

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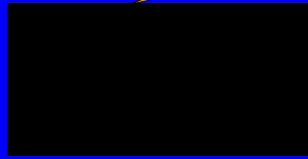
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OBJECTIVES

- Review the neurophysiology underlying the **mechanisms of action** of the various medications that are collectively called the Atypical Antipsychotics
- Describe the pharmacological receptor binding characteristics that differentiate the first, second and third generation antipsychotics.
- Appreciate the diversity of the serotonin and dopamine systems, especially in regards to their roles in divergent neurocircuits and target symptoms.
- Become familiar with the putative clinical consequences of modulating serotonergic, dopaminergic, adrenergic, histaminergic and cholinergic receptors by antipsychotic medications.

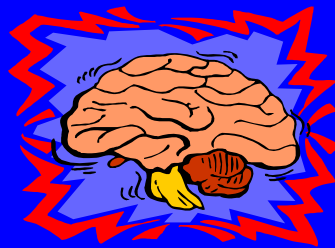
The “Black Box”

Hi!! I’m your brain. I’m a black box and nobody understands me.



Circa 1980s

The Wiring of the Brain



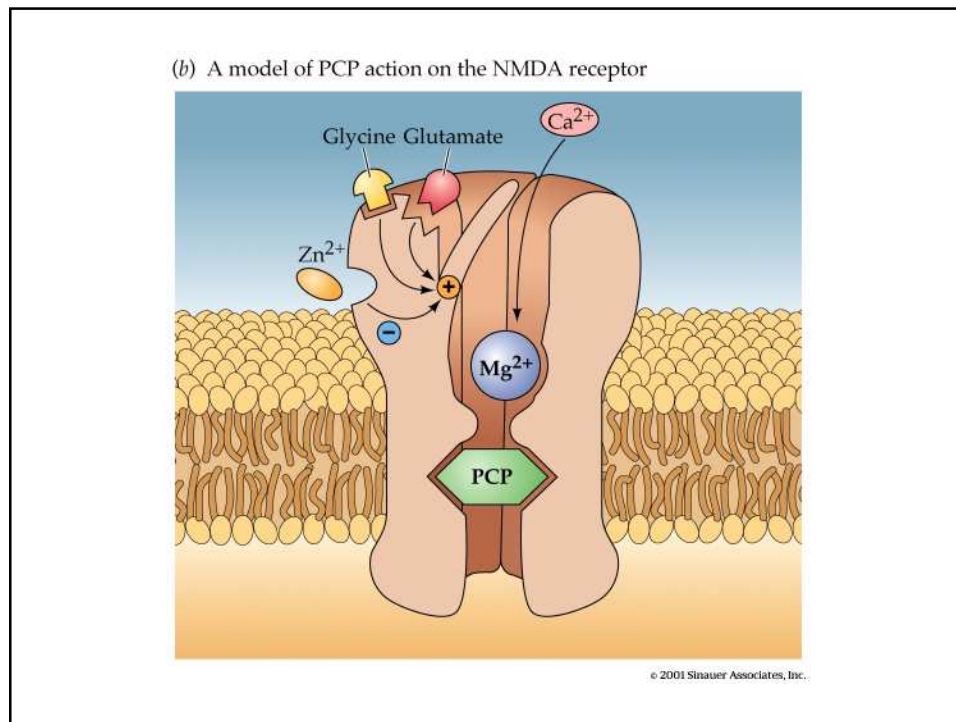
- There are approximately 100 billion neurons in the human brain
- There are from 1,000 to 10,000 synapses/neuron
- Hence, there are up to 1,000 trillion synapses in the human brain – *an amazing quadrillion synapses!!*

Putative etiologies of Schizophrenia

- **Primary cortical dopamine deficiency**
 - Secondary subcortical mesolimbic dopamine excess
- **Primary subcortical dopamine excess**
 - Overactivity of mesolimbic dopamine
- **Primary cortical glutamate deficiency**
 - Secondary cortical dopamine deficiency
 - Tertiary subcortical mesolimbic dopamine excess
- **Primary excitation of serotonin 5HT-2A receptors**

Animal models of schizophrenia

- **NMDA-glutamate antagonists induce both positive and negative schizophrenia-like symptoms in animal models:**
 - Ketamine
 - Phencyclidine (PCP)



Current pharmacological agents for the treatment of schizophrenia

- All FDA approved medications that treat the positive symptoms of schizophrenia share the property of antagonizing the dopamine D-2 receptor either by pure antagonism (first and second generation agents) or by antagonism/partial agonism (third generation agents)

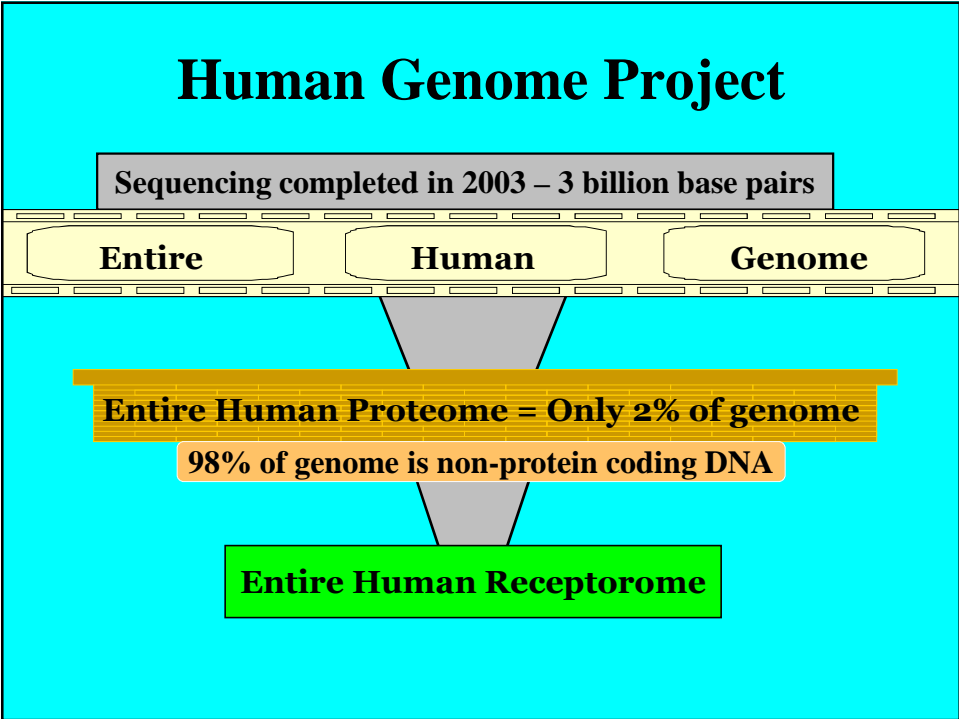
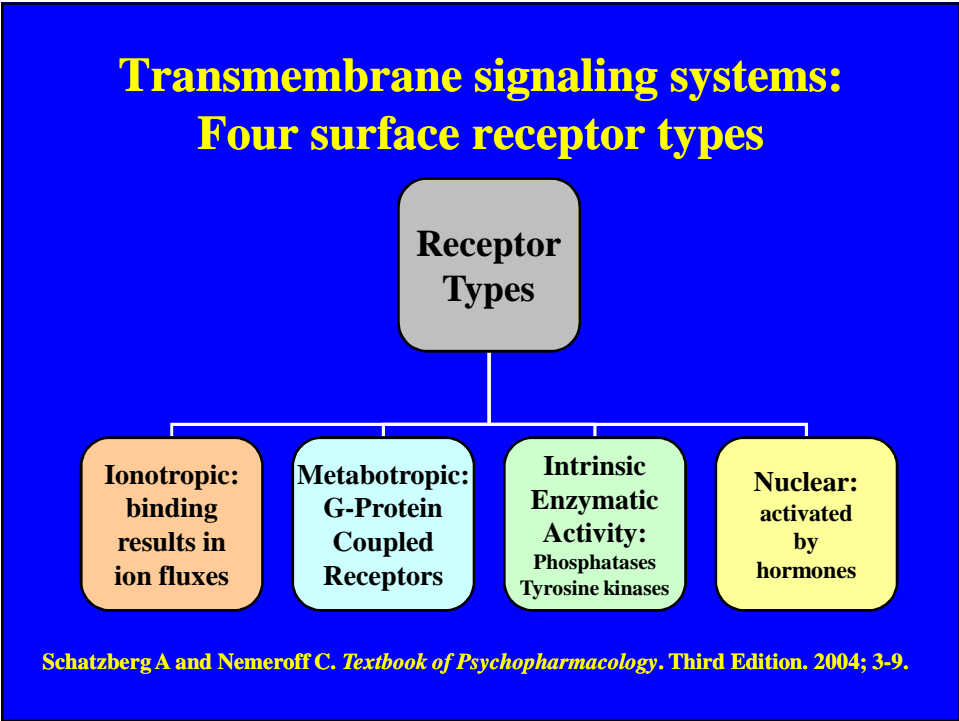
Glutamate Signaling

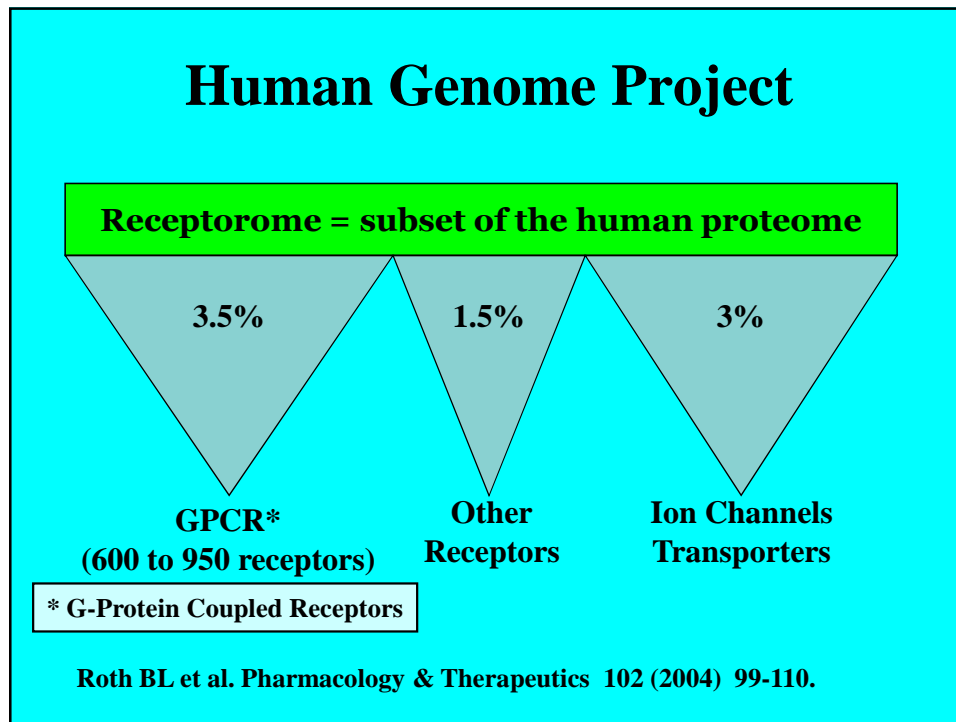
- **Glutamate synthesis**
 - Glutamine synthetase
 - glutaminase
- **Glutamate transporters**
 - Excitatory amino acid transporters
 - 5 subtypes
 - Vesicular Glu transporters
 - 3 subtypes
- **Ionotropic Glutamate Receptors**
 - NMDA (N-methyl-D-aspartate)
 - 7 subtypes
 - AMPA (DL-alpha-amino-3-hydroxy-5-methylisoxazole-4-propionate)
 - 4 subtypes
 - KA (kainate)
 - 5 subtypes
- **Metabotropic Glutamate Receptors**
 - mGluR1 through mGluR8
 - Divided into 3 subtypes (Type 1 = 2; Type 2 = 2; Type 3 = 4)

Hinoi E, et. al.; **Glutamate Transporters as Drug Targets; Current Drug Targets – CNS & Neurological Disorders; 2005; 4; 211-220.**

Glutamatergic agents currently in various stages of drug development

- **Metabotropic glutamate agonists (mGlu 2/3)**
- **Glutamate transporter modulators**
- **Glycine transporter inhibitors (sarcosine)**
- **Glycine analogues**



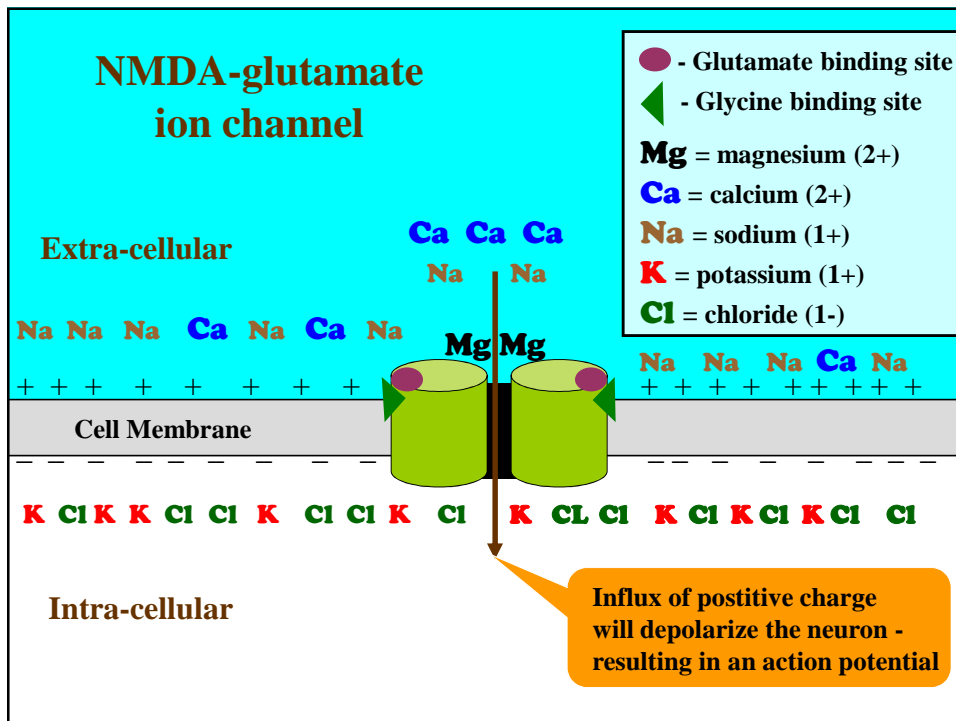


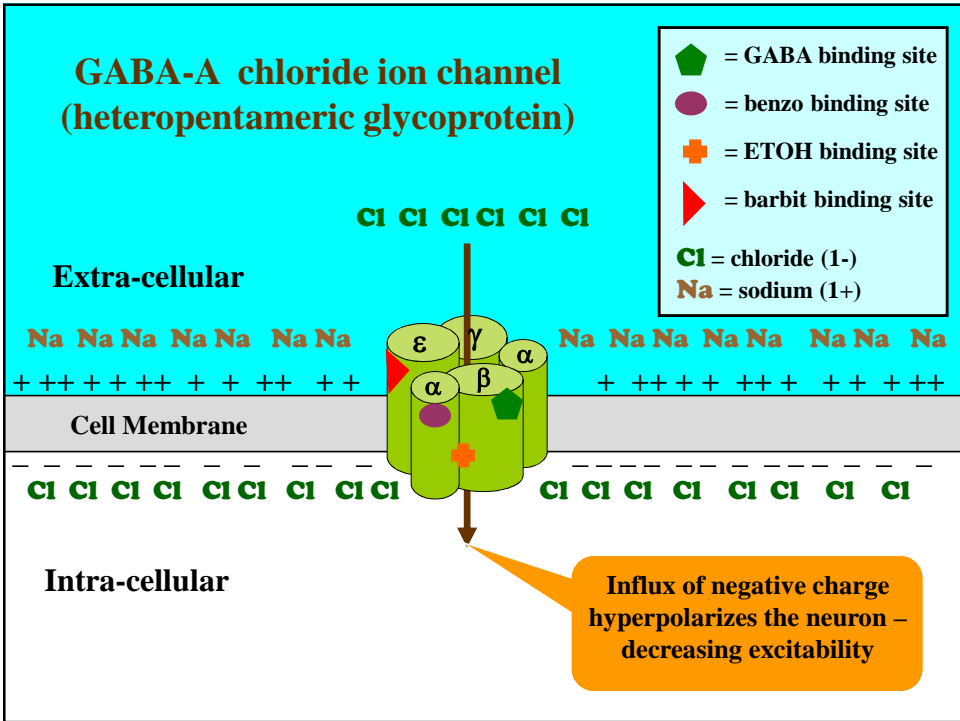
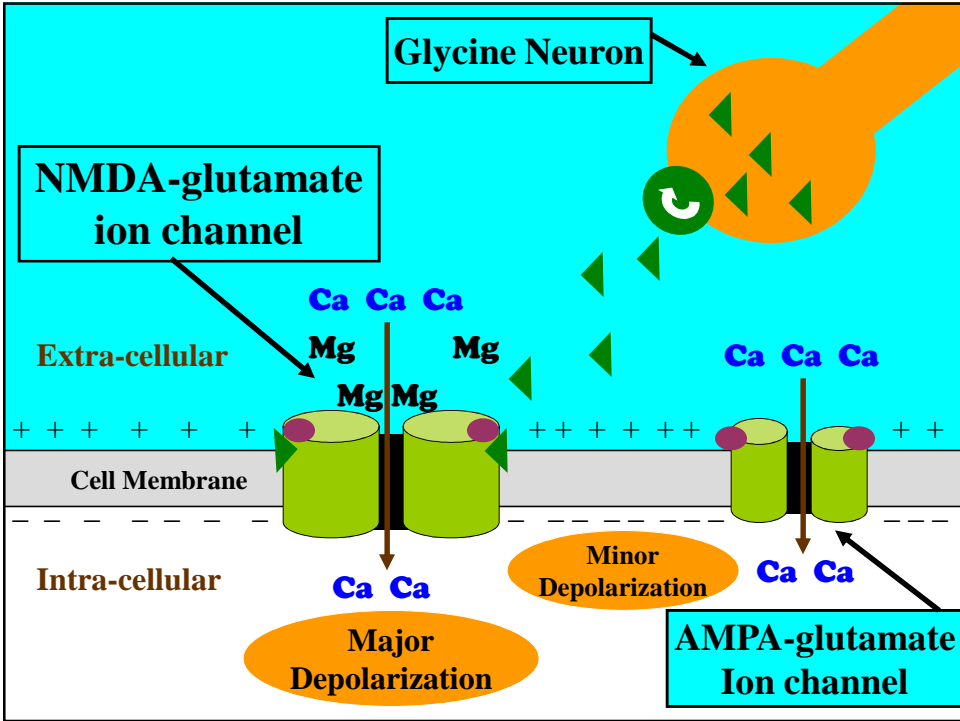
Ionotropic Receptors

- Receptors that open or close ion channels, altering the influx or efflux of charged ions
- Response occurs in milliseconds
- Result is a change in the polarization of a cell: depolarization or hyperpolarization

Two significant ionotropic receptor systems

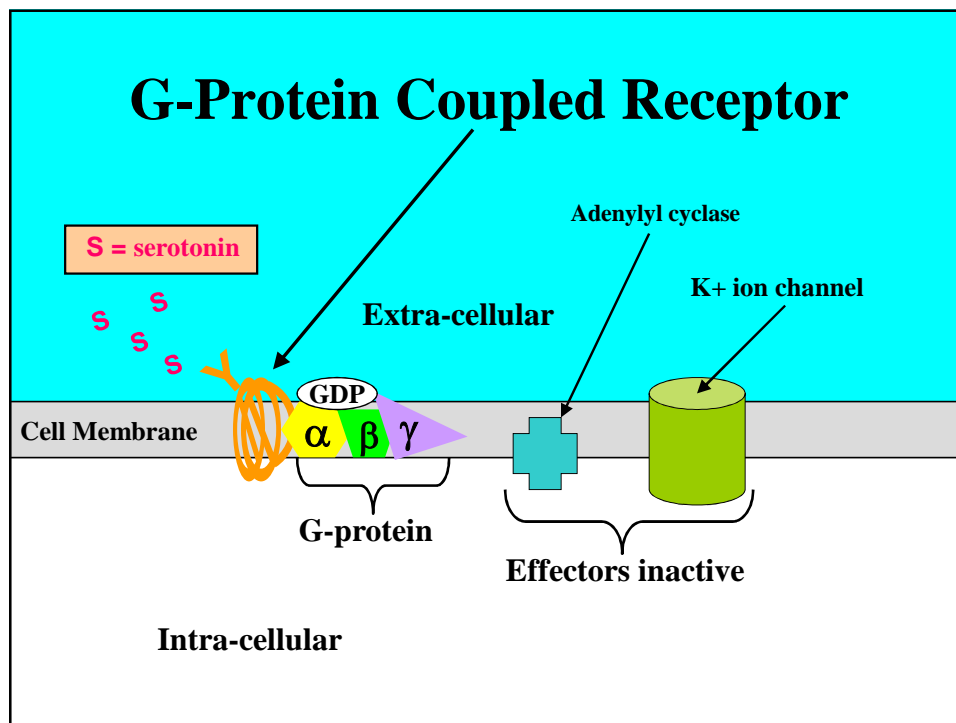
- **Glutamate**
 - The primary excitatory neurotransmitter
 - NMDA-glutamate receptors manage influx of positive charge into neurons (Ca⁺⁺, Na⁺)
- **GABA (gamma-aminobutyric acid)**
 - The primary inhibitory neurotransmitter
 - GABA-A receptors manage the influx of negative charge into neurons (Cl⁻)

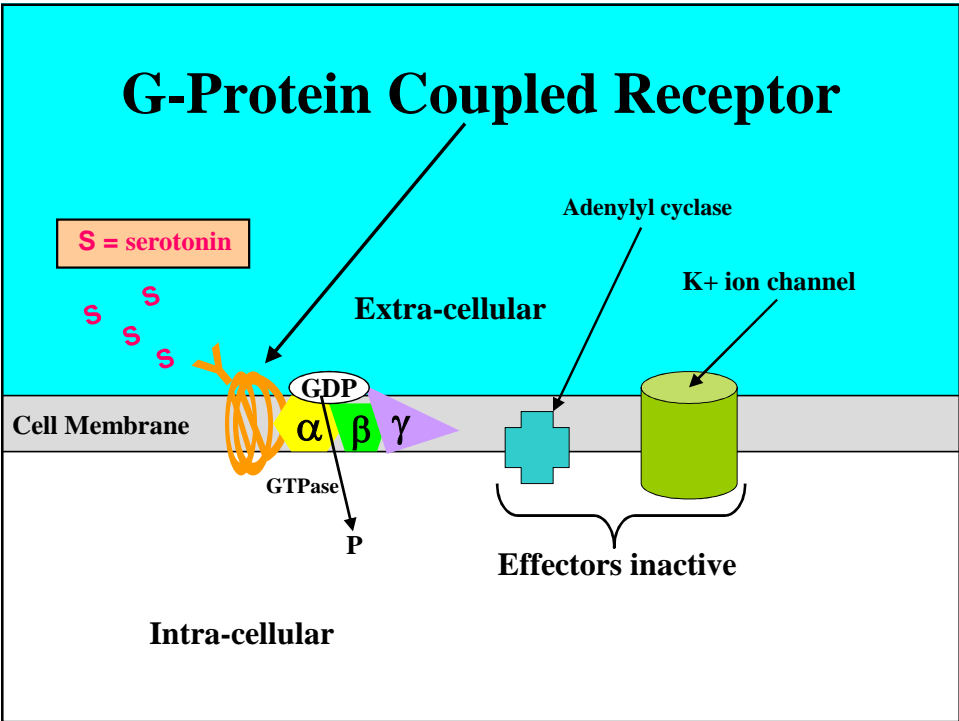
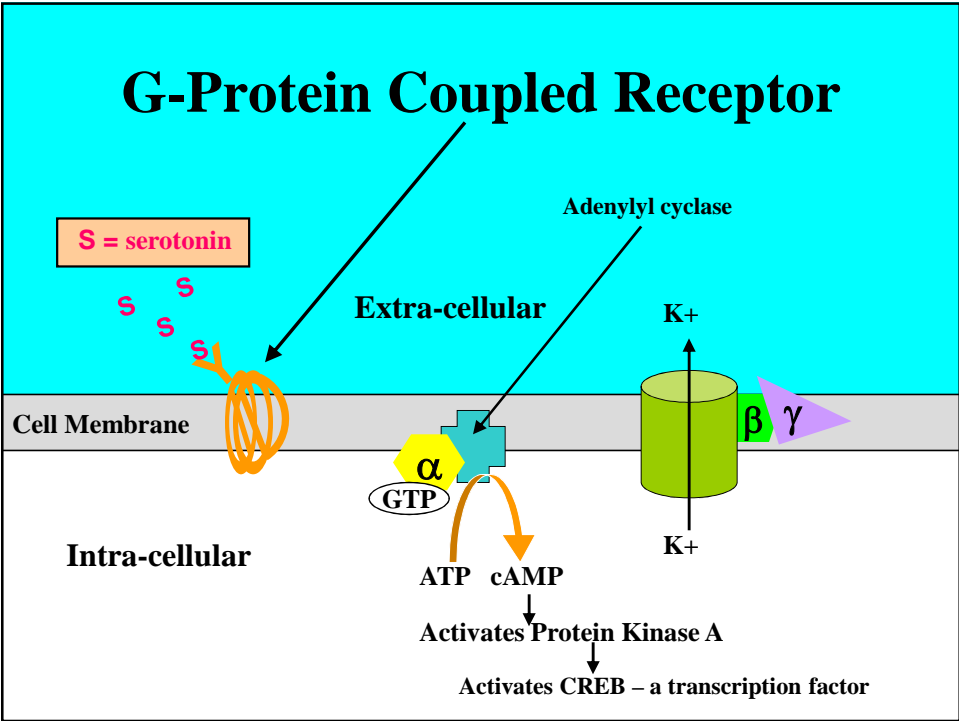




Metabotropic Receptors

- Receptors that mediate their response through secondary messenger systems
- These receptors include the large population of “G-Protein Coupled Receptors”, which may constitute 80% of all human receptors.
- Initial response takes seconds, but the final result may take days, weeks or even months
- G-Protein Coupled Receptors allow for an amplification of the original signal up to 10,000 fold





Receptor binding properties of antipsychotic medications

Complexity of the brain requires complex pharmacology

- “Magic shotguns versus magic bullets: selectively non-selective drugs for mood disorders and schizophrenia”*
- Treatment of schizophrenia began with “dirty drugs” = Thorazine and Mellaril
- Evolved to clean “magic bullets” = Haldol
- Current paradigm supports “magic shotguns”, drugs with activity at multiple receptors

*Roth BL, Sheffler DJ and Kroeze WK. Nat Rev Drug Discov. 2004 Apr;3(4):353-9

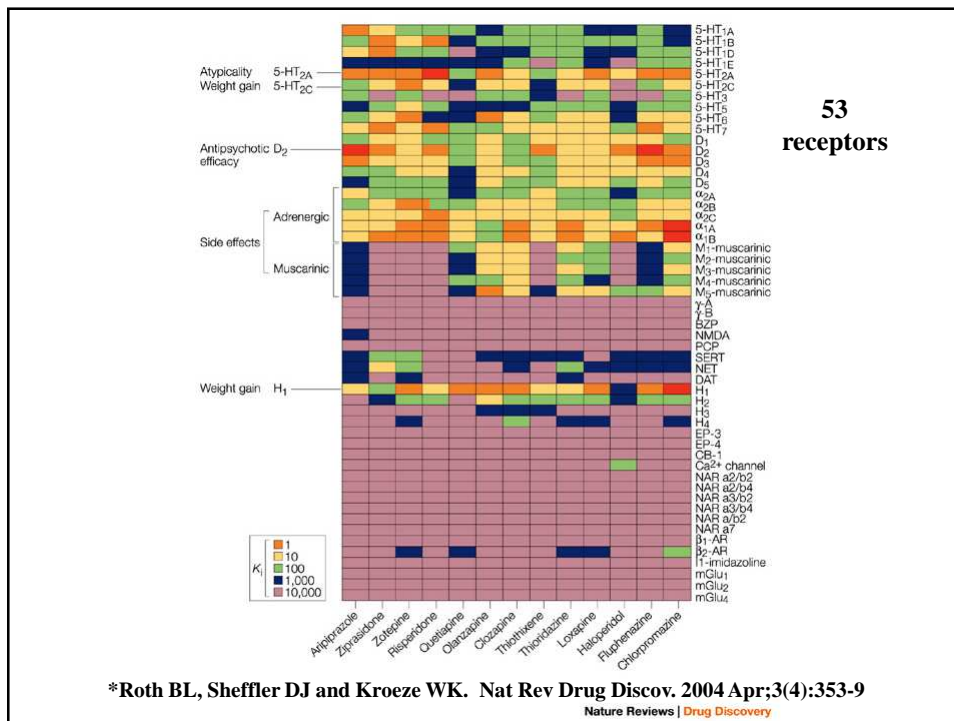
Complexity of the brain requires complex pharmacology

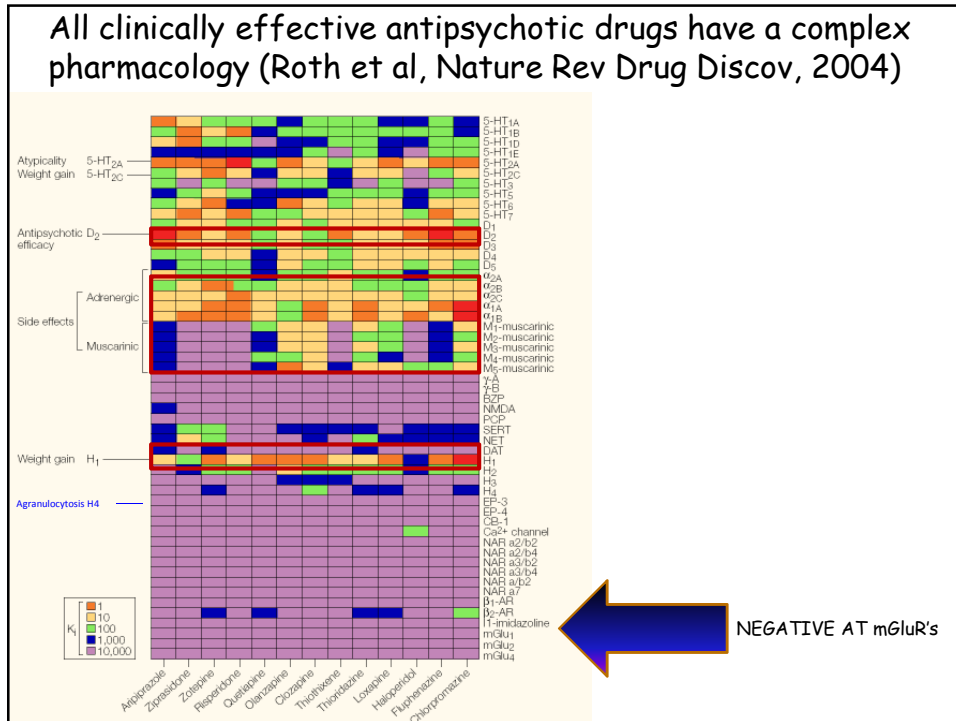
From Serendipity:

Chlorpromazine (Thorazine) – FDA approved 1954

Antipsychotic efficacy discovered by a French physician in 1952 who observed that psychotic patients with nausea had both their nausea and psychosis improve with chlorpromazine.

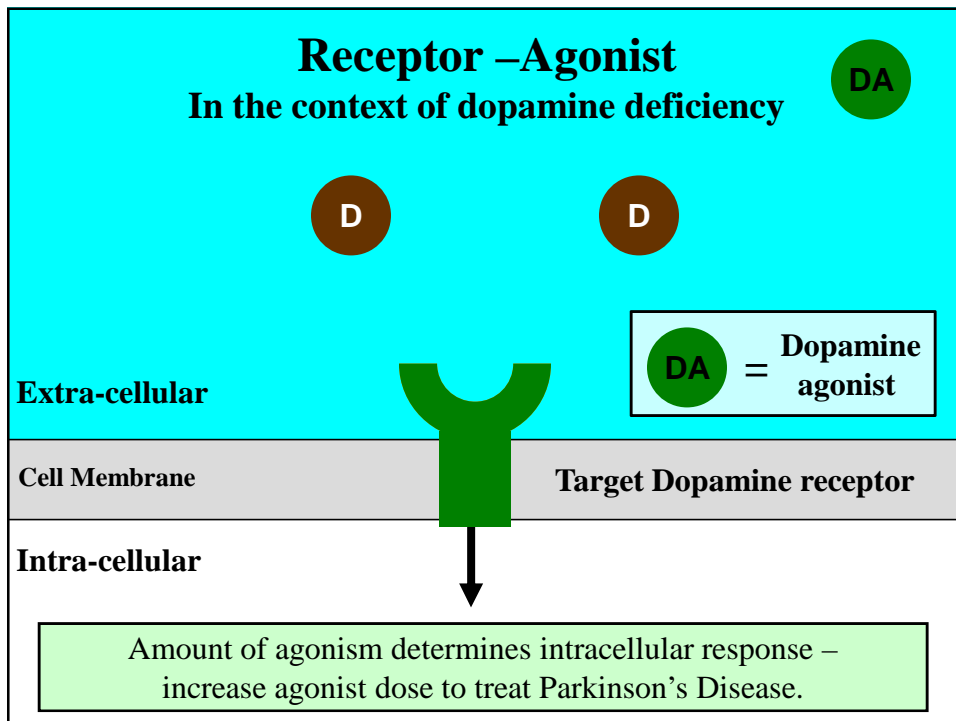
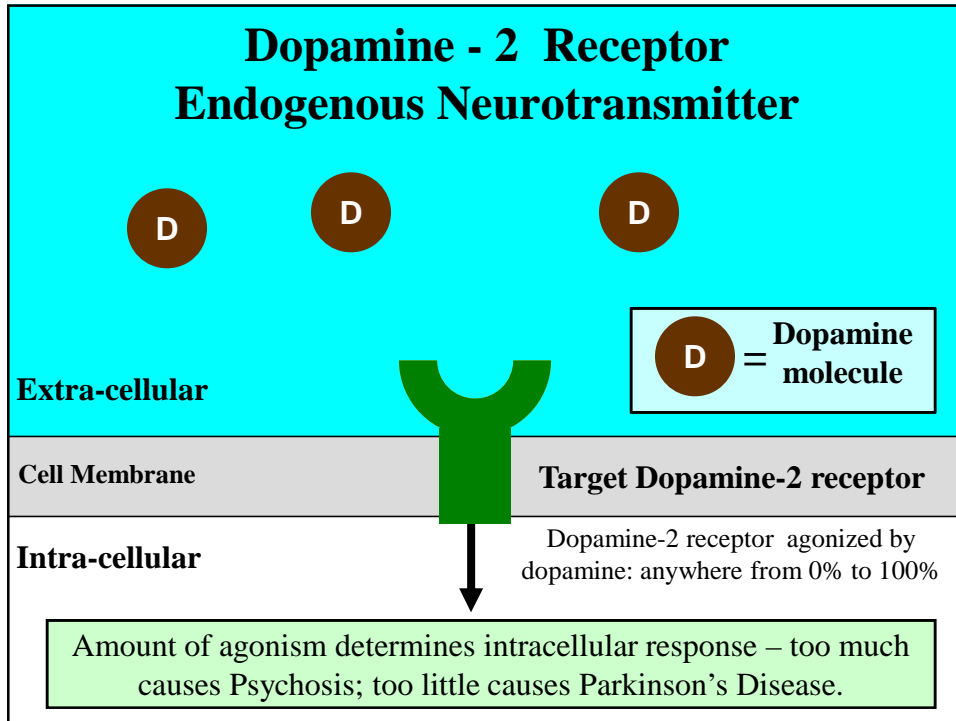
To Molecular “fingerprinting”:

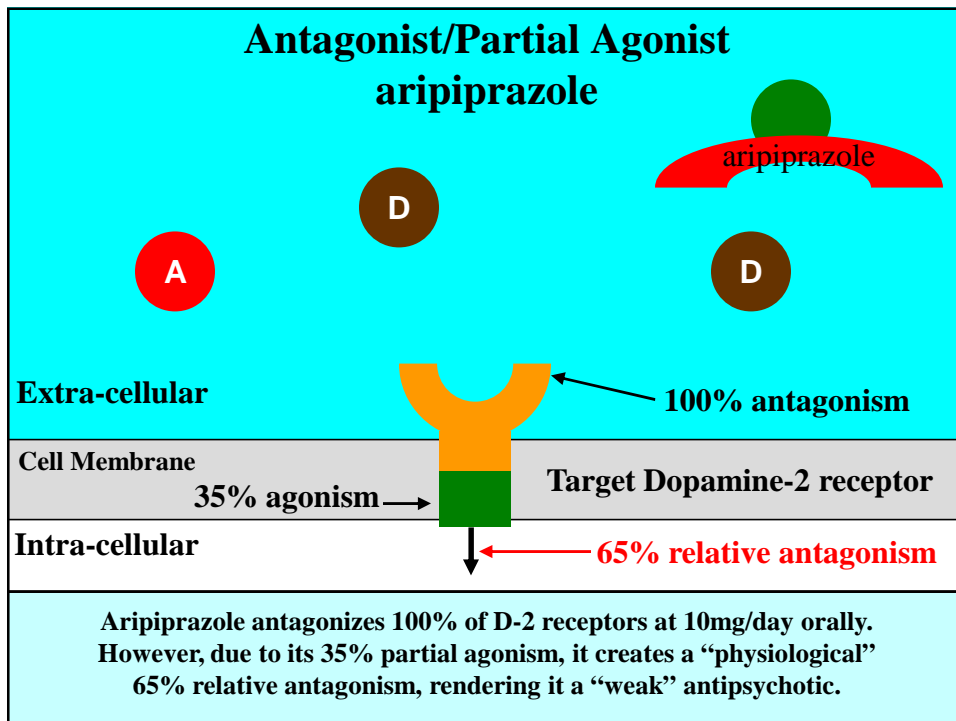
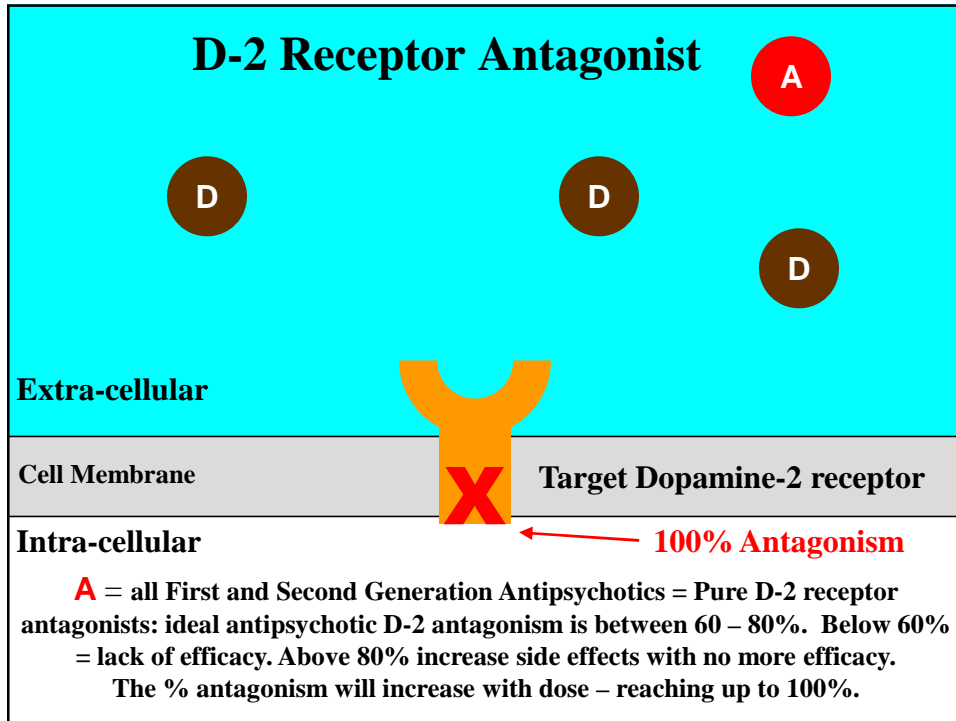


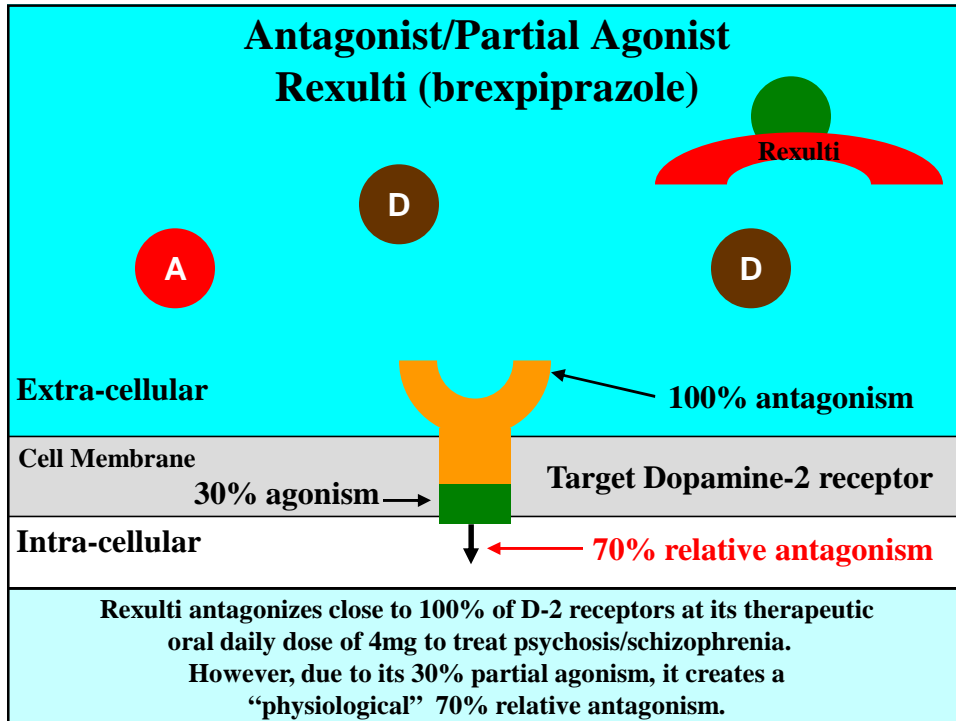


Pharmacology of antipsychotics

- **First Generation = “typical”**
 - MOA = D-2 receptor antagonists
 - Thorazine, Mellaril, Stelazine, Trilafon, Navane, Haldol, Prolixin, Orap and others
- **Second Generation = “atypical”**
 - MOA = serotonin/dopamine receptor modulators
 - 1958 clozapine developed; FDA approved 1989
 - risperidone, olanzapine, quetiapine, ziprasidone, paliperidone, iloperidone, asenapine and lurasidone
- **Third Generation = “atypical”**
 - MOA = dopamine receptor antagonist/partial agonist
 - aripiprazole, brexpiprazole, cariprazine







Mechansims of antipsychotic drugs

Note: may bind only D-2 receptor, or additional dopamine receptors = D-1, D-3, D-4 and D-5

<u>First Generation</u>	<u>Second Generation</u>	<u>Third Generation</u>
D-2 Antagonism as primary mechanism of action	5HT-2A antagonism is more potent than D-2 antagonism with varying activity at other 5HT receptors	Potent D-2 antagonism/partial agonism with 5HT-2A antagonism and 5HT-1A partial agonism

Grunder G, et al. Arch Gen Psychiatry. 2003 Oct; 60(10):974-7.

Monoamines are important neurotransmitters

- Serotonin
- Dopamine
- Norepinephrine
- Epinephrine
- Melatonin
- Histamine

Affective and Psychotic Disorders: Three important monoamine neurotransmitters

- Serotonin
- Dopamine
- Norepinephrine

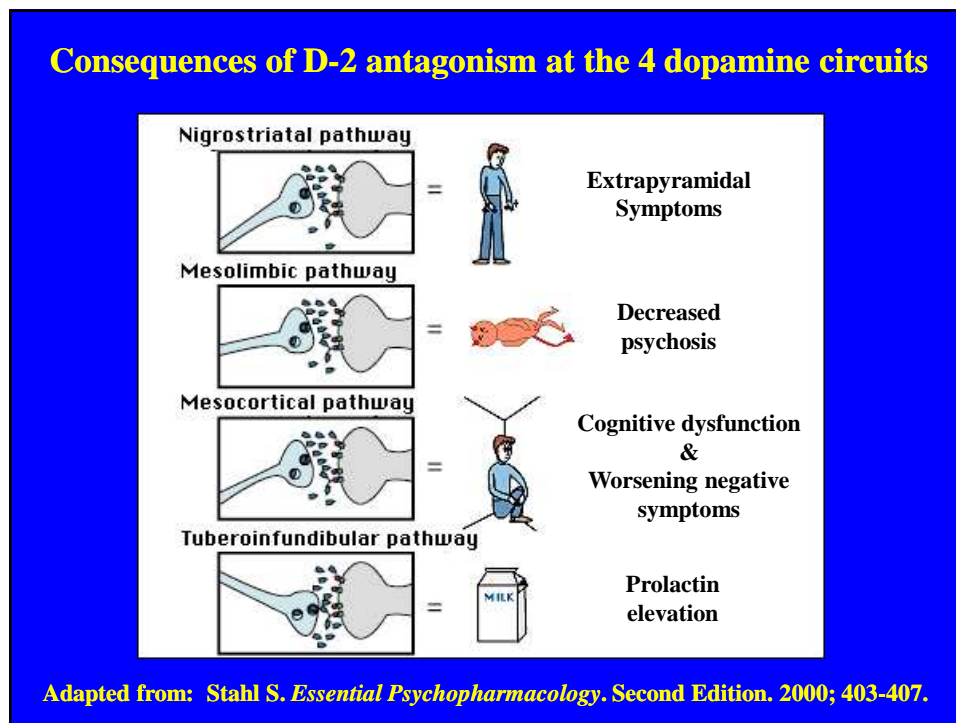
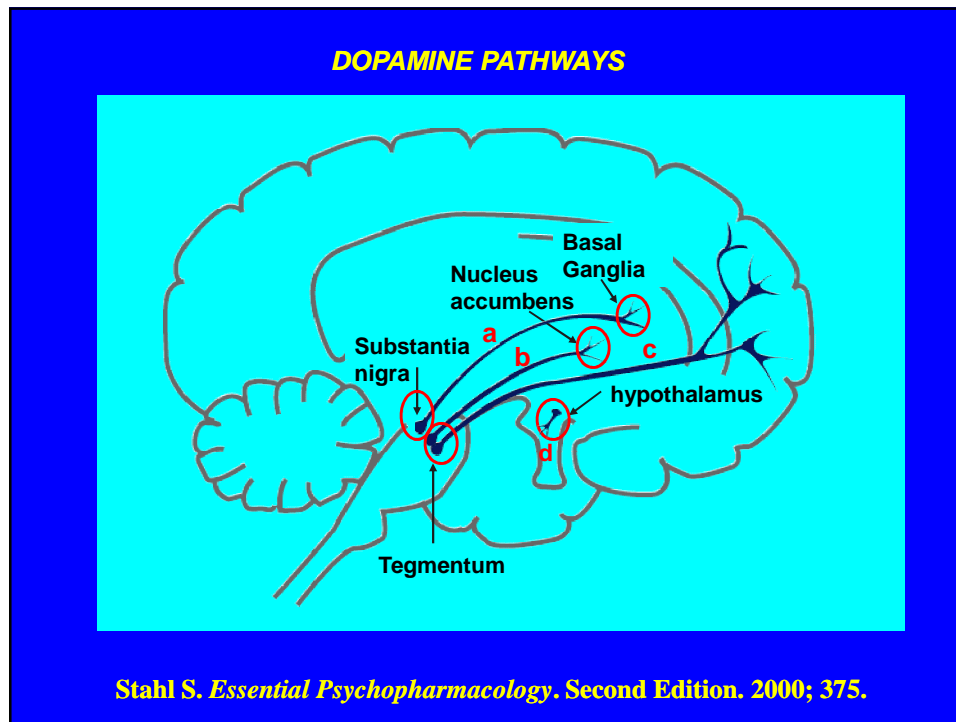
The Dopamine System

- Dopamine = D
- Dopamine transporter = DAT
- Dopamine receptors
 - Five families = D-1, 2, 3, 4 and 5

Dopamine Receptor Families

- All 5 are Metabotropic = GPCR (G-Protein Coupled Receptors)
- D-1 and D-5 are structurally similar
 - Turn on adenylyl cyclase = increase cAMP
- D-2, 3 and 4 are structurally similar
 - Turn off adenylyl cyclase = decrease cAMP

The Pharmacological Basis of Therapeutics; Goodman & Gilman; 10th Edition; 2001

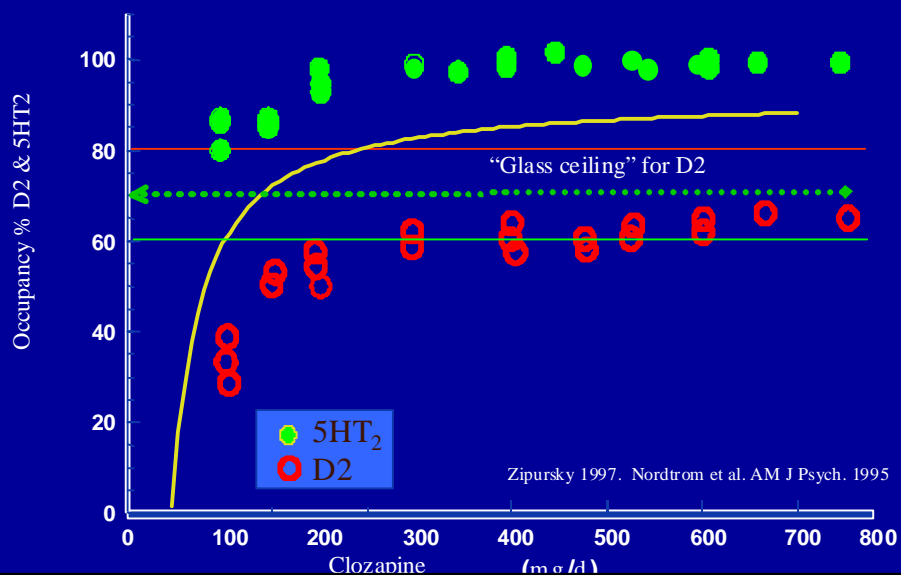


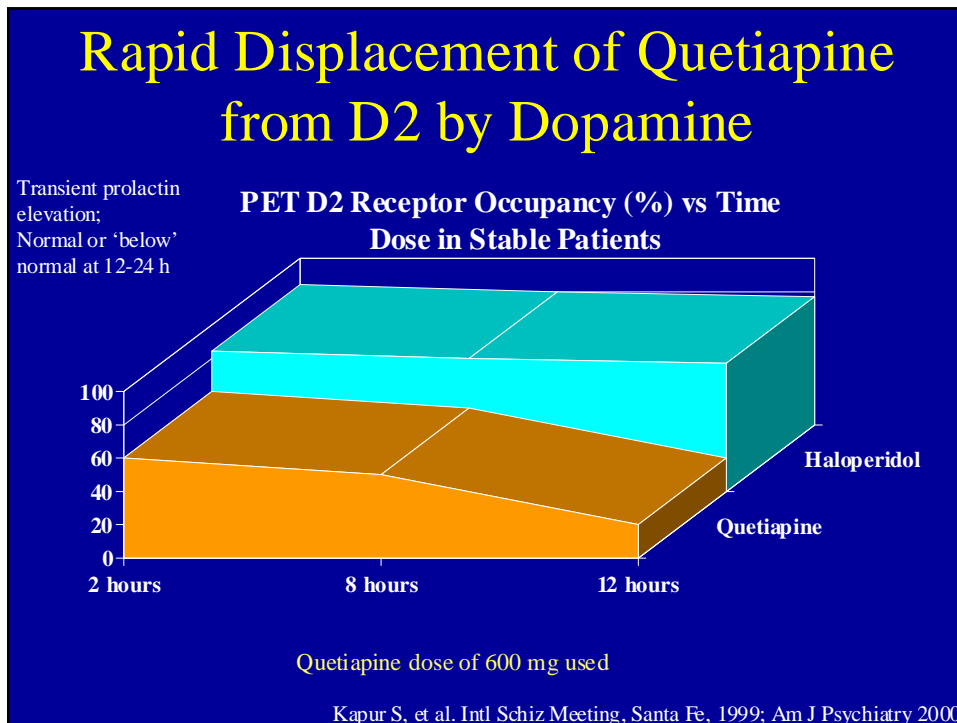
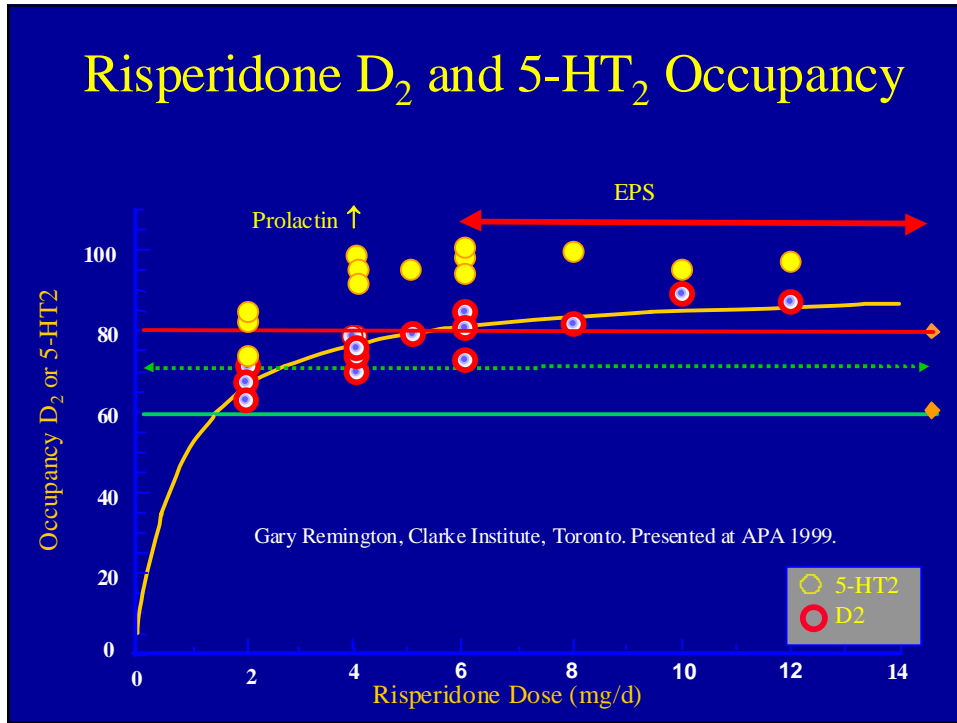
Consequences of increasing occupancy of D-2 receptors

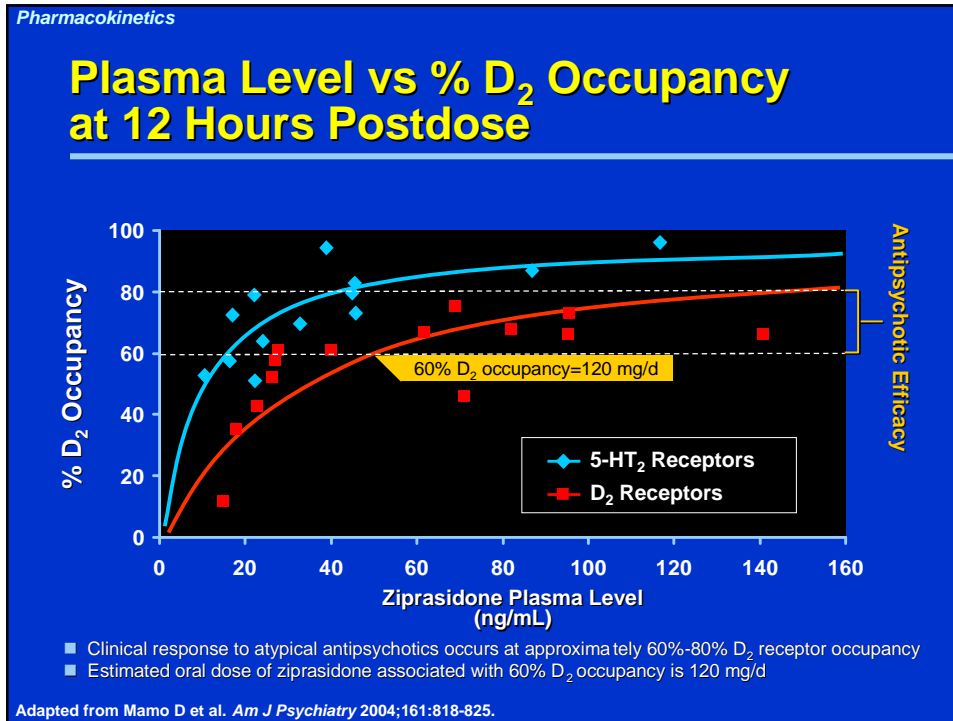
% Occupancy of D-2 receptors	Clinical Consequences
< 60%	minimal
60 – 80%	Antipsychotic/antimanic
> 70%	Elevation of prolactin
> 80%	Increasing EPS

Kapur S. *Mol Psychiatry*. 1998 Mar; 3(2):135-40.
 Tauscher J, et al. *Psychopharmacology*. 2002 Jun; 162(1):42-9.
 Grunder G, et al. *Arch Gen Psychiatry*. 2003 Oct; 60(10):974-7.
 Seeman P. *Can J Psychiatry*. 2002 Feb; 47(1):27-38.

Clozapine D₂ and 5-HT₂ Occupancy







The Serotonin System

- Serotonin = 5-HT
- Serotonin transporter = 5-HTT
 - Two promoter sequences: short & long
 - Two 5-HTT genes = 4 genotypes
 - s,s; l,l; s,l; l,s
- Serotonin receptors
 - Seven families = 5-HT-1,2,3,4,5,6 and 7

Serotonin Receptor Families

- 5-HT 1A, B, D, E, F
- 5-HT 2A, B, C
- 5-HT 3A, B
- 5-HT 4A, B, C, D, E, F, H
- 5-HT 5A, B
- 5-HT 6
- 5-HT 7

Adayev T et al. *Biosci Rep.* 2005 Oct-Dec;25(5-6):363-85

Pytliak M. 2011. *Physiol Res.* 60: 15-25.

Stahl SM. *Stahl's Essential Psychopharmacology.* 2008.

Khan A. *Expert Opin Investig Drugs.* 2009; 18: 1753-1764.

Barnes NM and Sharp T. *Neuropharmacology.* 1999; 38: 1083-1152.

Serotonin Receptor Classes

- **Metabotropic = GPCR**
(G-Protein Coupled Receptors)
 - All except 5-HT 3
- **Ionotropic = 5-HT-Gated Ion-Channel**
 - Only 5-HT 3
 - Permeable to monovalent cations
 - Includes Na⁺, K⁺, Li⁺ and NH₄⁺

Adayev T et al. *Biosci Rep.* 2005 Oct-Dec;25(5-6):363-85

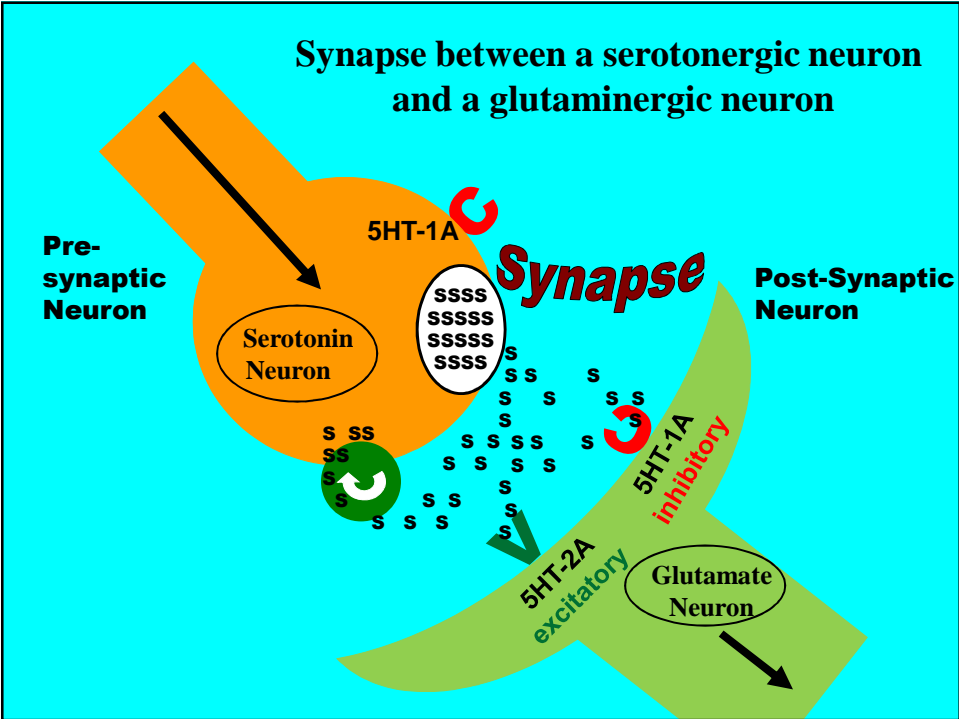
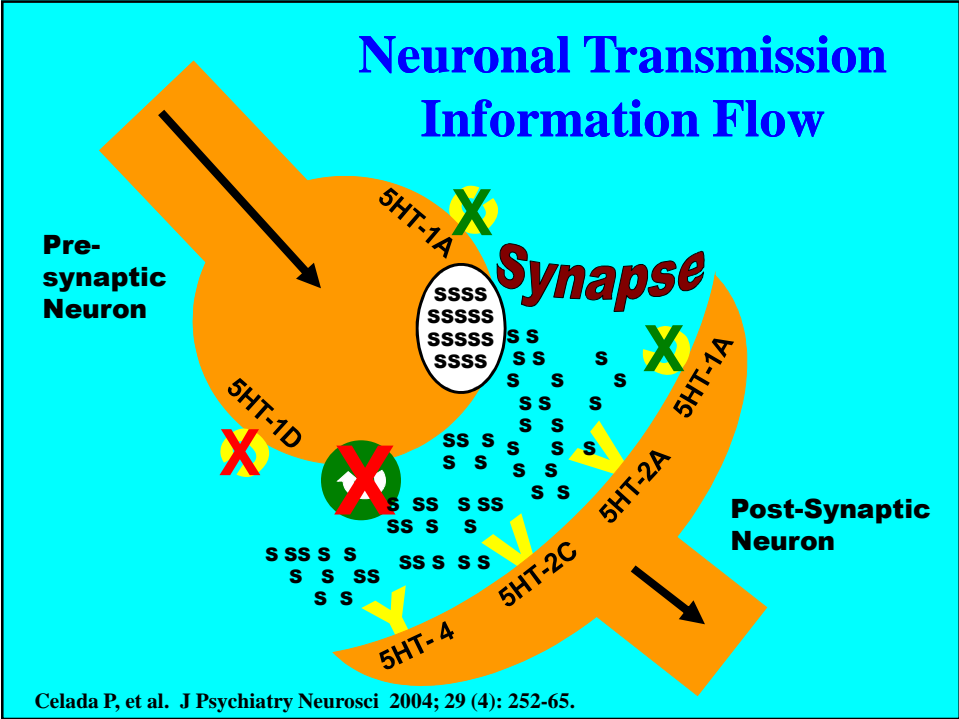
**Pharmacological Agents Targeting
 Specific Serotonin Sub-receptors**

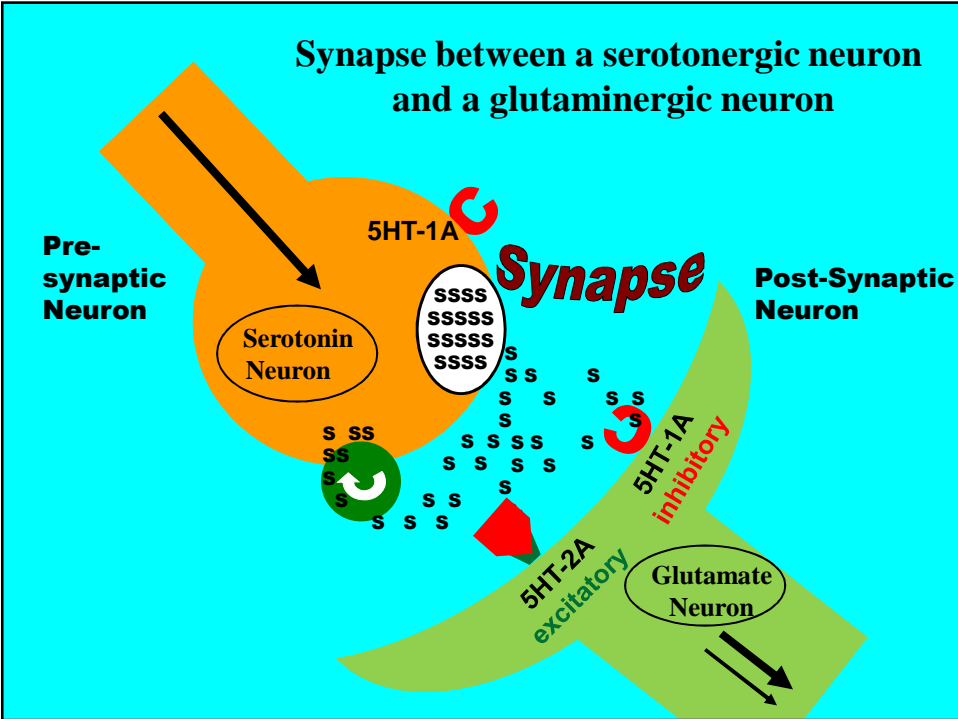
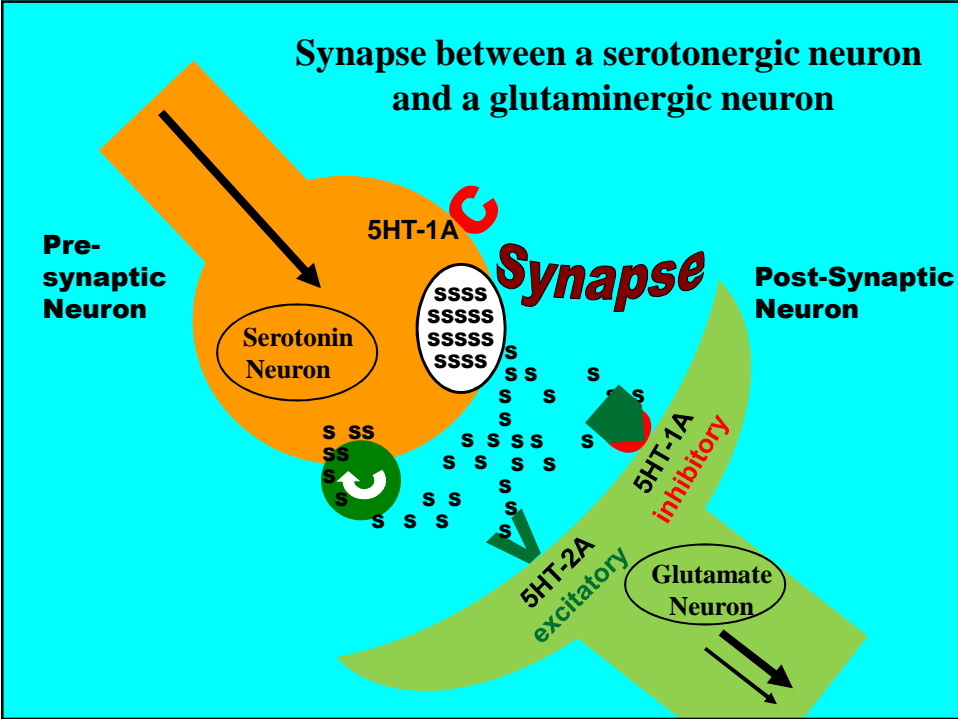
Receptor	Drug	Putative Activity
5HT-1A	agonists = buspirone, gepirone, tandospirone	Anti-depressant, Anti-anxiety, Cognitive improvement
5HT-1B	agonist = triptans	Anti-migraine
5HT-1D	agonist = triptans	Anti-migraine
5HT-2A	antagonist = nefazodone, atypical antipsychotics	Anti-depressant, Anti-anxiety, Cognitive improvement
5HT-2B	agonist = fenfluramine	Causes cardiac valve disease
5HT-2C	agonist = mCPP antagonist = agomelatine	Anxiogenic Novel Antidepressant
5HT-3	antagonist = ondansetron	Rx nausea/vomitting
5HT-4	agonist = tegaserod	Rx constipation

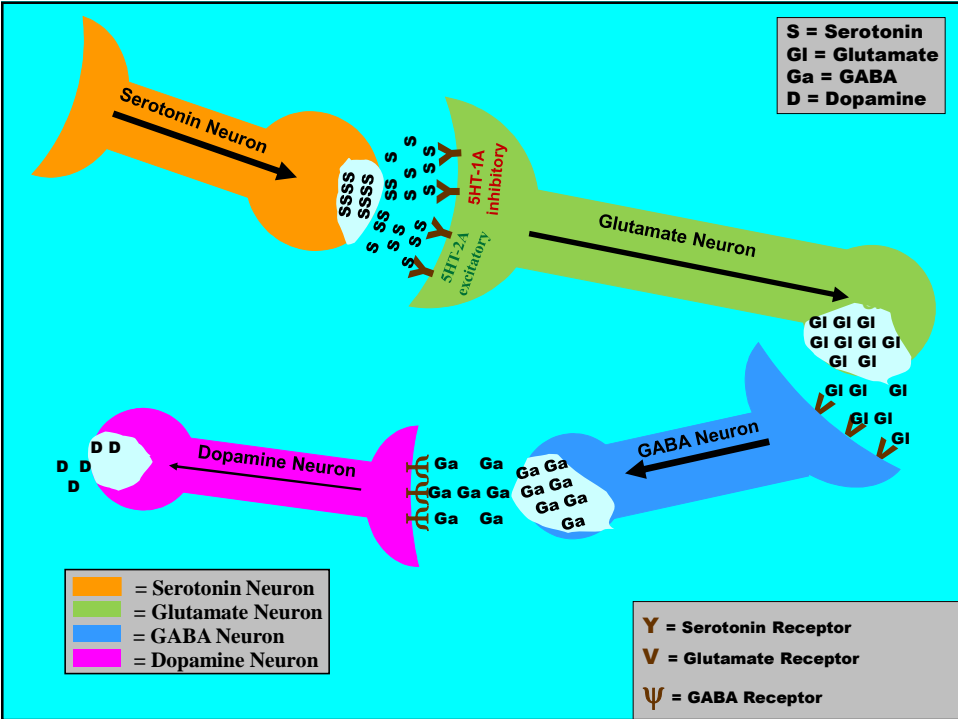
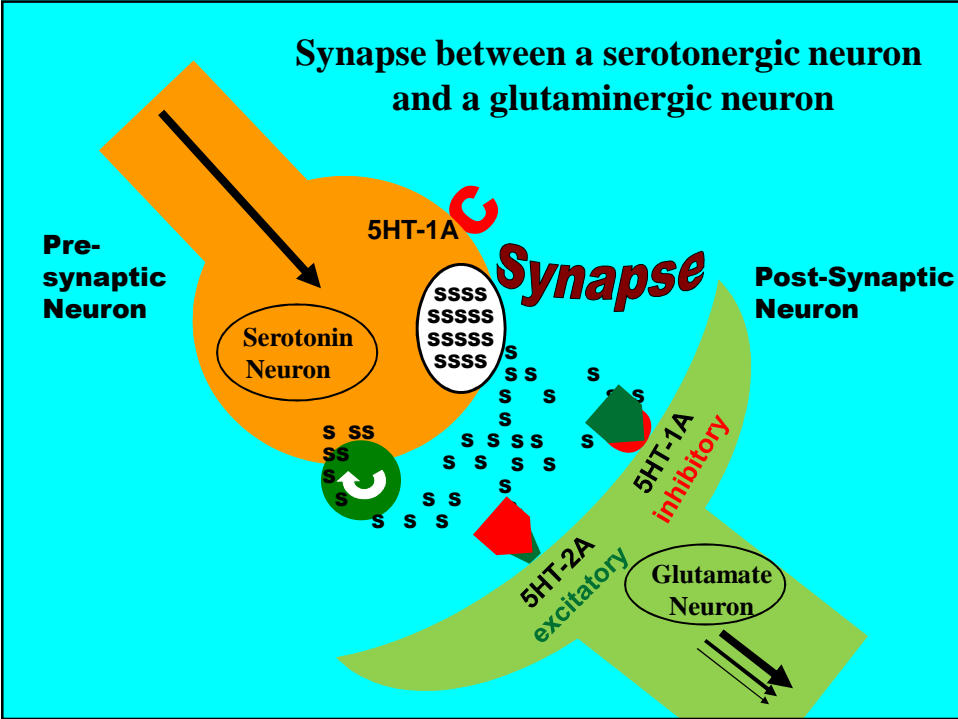
**Putative clinical effects of various serotonin
 (5-HT) sub-receptors**

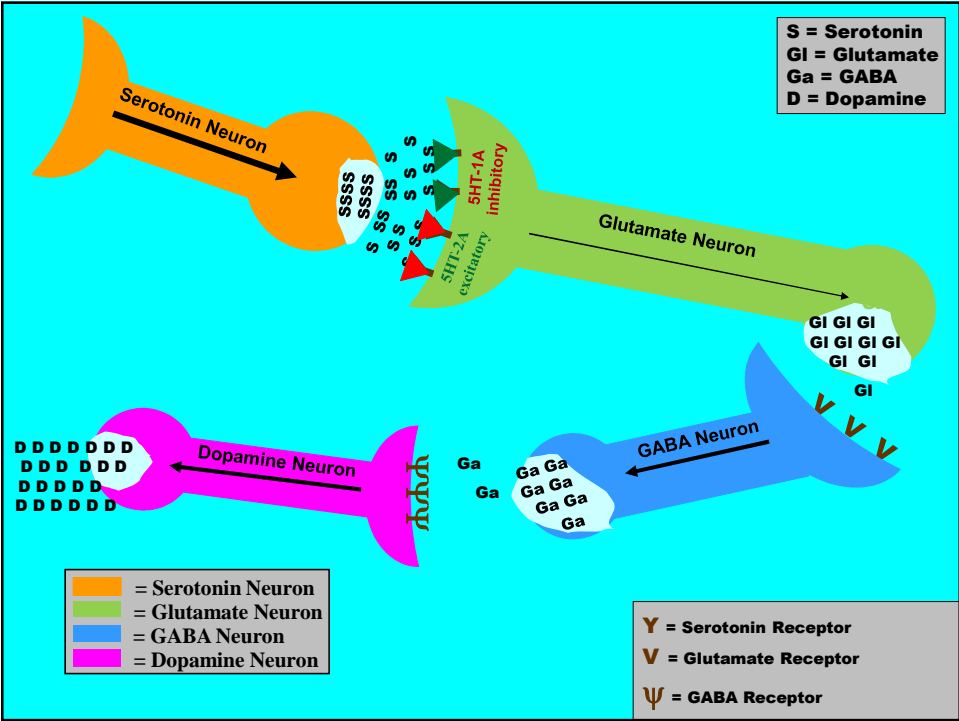
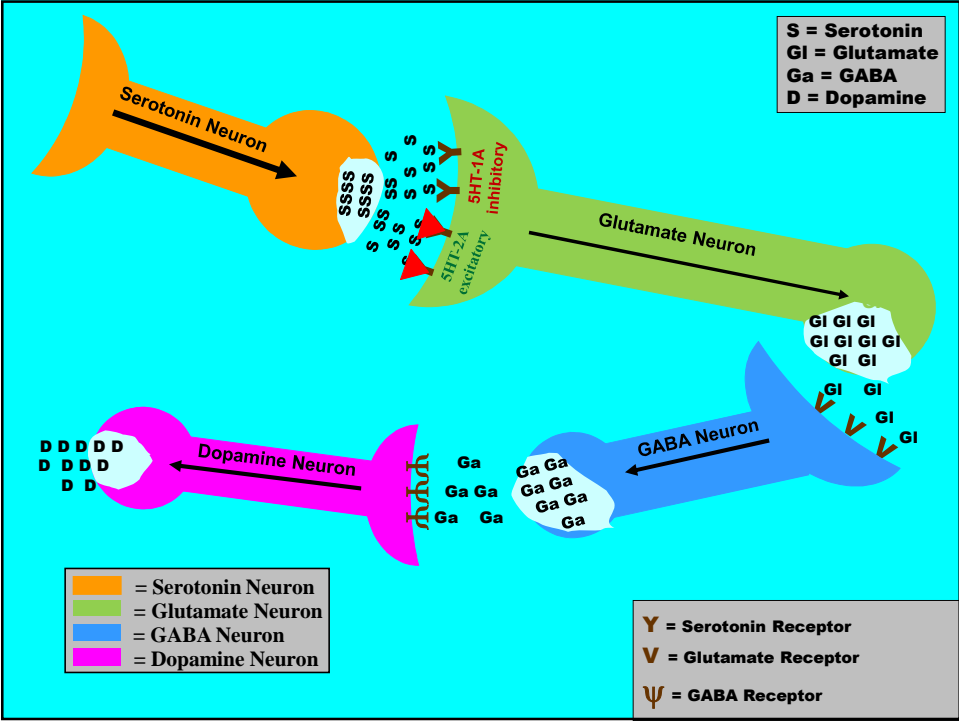
- **5-HT 2A antagonism**
 - Increases dopamine release
 - Likely antidepressant effect
 - Decreases EPS
 - Improves negative symptoms
- **5-HT 2C antagonism**
 - May increase dopamine/norepinephrine in cortex
 - Improves cognitive symptoms
 - Improves affective symptoms
- **5-HT 1A agonism**
 - Improves cognition, anxiety and depression
- **5-HT 1D antagonism**
 - Disinhibits presynaptic serotonin release
 - Antidepressant and antianxiety effects

Stahl, S. & Shayegan, D.; J Clin Psych; 2003; 64 [suppl 19]: 6-12









The Adrenergic System

- Epinephrine = E
- Norepinephrine = NE
- Noradrenergic transporter = NET
- Adrenergic receptors
 - Three families = α 1, α 2, β

Adrenergic Receptor Families

- Alpha 1 = α 1A, α 1B, and α 1D
- Alpha 2 = α 2A, α 2B, and α 2C
- Beta = β 1, β 2 and β 3
- All are metabotropic = GPCR
(G-Protein Coupled Receptors)

The Pharmacological Basis of Therapeutics; Goodman & Gilman; 10th Edition; 2001

Alpha Adrenergic Receptor Antagonism Effects

- Alpha 1 antagonism (prazosin)
 - Side effects include transient:
 - Sedation
 - Orthostasis
 - Syncope
- Alpha 2 antagonism (mirtazapine)
 - Benefits include:
 - Elevation of synaptic norepinephrine
 - Elevation of synaptic serotonin

The Pharmacological Basis of Therapeutics; Goodman & Gilman; 10th Edition; 2001

The Histamine System

- Histamine receptors = H1, H2, H3 and H4
- G-Protein Coupled Receptors
- Side effects from CNS H1 antagonism:
 - Sedation
 - Weight gain
 - Increased appetite
 - Paradoxical excitation
 - restlessness, nervousness and insomnia
- H2 antagonist currently in development
 - Histamine pre-synaptic auto-receptor
 - Increases attention and wakefulness

The Acetylcholine System

- Nicotinic Cholinergic = Iontropic
 - Pentamer ion channels with diverse subunits
 - 17 genes code for:
 - 10 alpha subunits
 - 4 beta subunits
 - 1 gamma subunit
 - 1 delta subunit
 - 1 epsilon subunit
- Varenicline (Chantix)
 - Alpha 4 (two subunits)/beta 2 (three subunits) antagonist/partial agonist
 - At 1mg BID antagonizes 100% of this ionotropic receptor
 - Simultaneously agonizes 45% of this receptor resulting in dopamine release in the nucleus accumbens

The Acetylcholine System

- Muscarinic Cholinergic = Metabotropic
 - All are G Protein Coupled Receptors
 - M1, M2, M3 , M4 and M5
 - Side effects from M1 Anticholinergic activity
 - Dry mouth, constipation, urinary retention, blurred vision, orthostasis and cognitive impairment
 - N-des-methyl clozapine agonizes M1 receptor
 - May explain clozapine's improvement of negative symptoms

CYP450 Metabolic Pathways of the Atypical Antipsychotics

Atypical	Primary	Secondary
Aripiprazole	2D6, 3A4	-
Asenapine	UGT1A4, 1A2	3A4, 2D6
Clozapine	1A2	3A4, 2D6, 2C9, 2C19
Iloperidone	2D6, 3A4	-
Lurasidone	3A4	-
Olanzapine	1A2	2D6
Paliperidone	3A4	-
Quetiapine	3A4	-
Risperidone	2D6, 3A4	-
Ziprasidone	Aldehyde oxidase	3A4
Brexpiprazole	2D6, 3A4	-
Cariprazine	3A4	2D6

FDA approved product inserts for each antipsychotic

Half-lives of the Atypical Antipsychotics

Atypical	T 1/2	Oral Tmax	Protein Binding
Aripiprazole	75 hours	3-5 hours	99%
Asenapine	24 hours	1 hour	95%
Clozapine	12 hours	2.5 hours	97%
Iloperidone	18-33 hours	2-4 hours	95%
Lurasidone	18 hours	1-3 hours	99%
Olanzapine	30 hours	6 hours	93%
Quetiapine	6 hours	1.5 hours	83%
Paliperidone	23 hours	24 hours	74%
Risperidone*	20-30 hours	1 hour	90%
Ziprasidone	7 hours	6-8 hours	99%
Brexpiprazole	91 hours	4 hours	99%
Cariprazine	1-3 weeks	3-6 hours	91-97%

2010 FDA approved product inserts; *2007 FDA approved product insert.

Active Metabolites of Atypical Antipsychotics	
Atypical Antipsychotic	Metabolite
Clozapine (Clozaril)	N-desmethylozapine
Risperidone (Risperdal)	9-hydroxyrisperidone (paliperidone)
Olanzapine (Zyprexa)	no active metabolites
Quetiapine (Seroquel)	N-desalkylquetiapine (norquetiapine)
Ziprasidone (Geodon)	no active metabolites
Aripiprazole (Abilify)	dehydro-aripiprazole
Paliperidone (Invega)	no active metabolites
Iloperidone (Fanapt)	P88, P95
Asenapine (Saphris)	“primarily due to the parent drug”
Lurasidone (Latuda)	“primarily due to the parent drug”
Brexpiprazole (Rexulti)	“DM-3411 is considered not to contribute”
Cariprazine (Vraylar)	desmethyl and didesmethyl cariprazine

Equilibrium dissociation constants for antipsychotic drugs at human brain receptors								
	Aripipraz* [*]	Haloperidol	Ziprasidone	9-OH-ris	Risperidone	Olanzapine	Clozapine	Quetiapine
D-2	0.34	2.6	2.6	2.8	3.77	20	210	770
5HT-2A	3.4	61	0.12	1.21	0.15	1.48	2.59	31
2HT-2C	15	4,700	0.9	48	32	4.1	4.8	3,500
5HT-1A	1.7	1,800	1.9	480	190	610	160	300
5HT-1D	-	40	2.4	19	3.9	150	130	560
Alpha-1	57	17	2.6	10.1	2.7	44	6.8	8.1
Alpha-2	-	600	154	80	8	280	15	80
histamine	61	260	4.6	3.4	5.2	0.087	3.1	19
M-cholin	>1000	>10,000	2,440	8,800	34,000	36	9	1,400

Richelson E, Souder T: Binding of antipsychotic drugs to human brain receptors: Focus on newer generation compounds. Life Sci 68: 29-39, 2000 [Kd (nM)]
***From FDA approved product insert - 2007 [Ki (nM)]**

Receptor binding affinities of haloperidol

Receptor	Kd (nM)
Dopamine D-2	2.6
Alpha-adrenergic-1	17
Serotonin 5-HT 1D	40
Serotonin 5-HT 2A	61
Histaminergic	260
Alpha-adrenergic-2	600
Serotonin 5-HT 1A	1,800
Serotonin 5-HT 2C	4,700
Cholinergic- Muscarinic	>10,000

Based on data from:
 Richelson E, Souder T: Binding of antipsychotic drugs to human brain receptors: Focus on newer generation compounds. Life Sci 68: 29-39, 2000

Receptor binding affinities of clozapine

Receptor	Ki (nM)
Histaminergic 1	1.1
Alpha-adrenergic 1A	1.6
Serotonin 5HT 6	4.0
Serotonin 5-HT 2A	5.4
Cholinergic- Muscarinic 1	6.2
Serotonin 5-HT 7	6.3
Serotonin 5-HT 2C	9.4
Alpha-adrenergic-2A	90
Serotonin 5-HT 3	95
Serotonin 5-HT 1A	120
Dopamine D-2	160

FDA approved 2013 product insert

Receptor binding affinities of olanzapine

Receptor	Ki (nM)
Serotonin 5-HT 2A	4
Serotonin 5-HT 6	5
Histaminergic 1	7
Serotonin 5-HT 2C	11
Alpha-adrenergic 1	19
Dopamine D-2	20
Serotonin 5-HT 3	57
Cholinergic- Muscarinic	73
Alpha-adrenergic-2	280

FDA approved 2013 product insert

Receptor binding affinities of quetiapine and its active metabolite N-desalkyl quetiapine (norquetiapine)

Receptor	Ki (nM) quetiapine	Ki (nM) norquetiapine
Histamine 1	4.41	1.15
Alpha-adrenergic 1B	14.6	46.4
Serotonin 5-HT 2A	38	2.9
Norepinephrine transporter	>1000	34.8
Serotonin 5-HT 1A	1040	191
Dopamine D-2	626	489
Cholinergic- Muscarinic	1,086	38.3
Alpha-adrenergic 2	617	1290

FDA approved 2013 product insert

Receptor binding affinities of:

<u>risperidone</u>		<u>9-OH-risperidone</u>	
Receptor	Kd (nM)	Receptor	Kd (nM)
Serotonin 5-HT 2A	0.15	Serotonin 5-HT 2A	1.21
Alpha-adrenergic-1	2.7	Dopamine D-2	2.8
Dopamine D-2	3.77	Histaminergic	3.4
Serotonin 5-HT 1D	3.9	Alpha-adrenergic-1	10.1
Histaminergic	5.2	Serotonin 5-HT 1D	19
Alpha-adrenergic-2	8	Serotonin 5-HT 2C	48
Serotonin 5-HT 2C	32	Alpha-adrenergic-2	80
Serotonin 5-HT 1A	190	Serotonin 5-HT 1A	480
Cholinergic-Muscarinic	34,000	Cholinergic- Muscarinic	8,800

Richelson E, Souder T: Binding of antipsychotic drugs to human brain receptors: Focus on newer generation compounds. Life Sci 68: 29-39, 2000

Receptor binding affinities of ziprasidone

Receptor	Ki (nM)
Serotonin 5-HT 2A	0.4
Serotonin 5-HT 2C	1.3
Serotonin 5-HT 1D	2.0
Serotonin 5-HT 1A	3.4
Dopamine D-2	4.8
Alpha-adrenergic 1	10
Histaminergic 1	47
Cholinergic- Muscarinic	>1,000

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Receptor binding affinities of aripiprazole

Receptor	Ki (nM)	Activity
Dopamine D-2	0.34	Ant/Part Agon
Serotonin 5-HT 1A	1.7	Ant/Part Agon
Serotonin 5-HT 2A	3.4	Antagonist
Serotonin 5-HT 2C	15	Antagonist
Serotonin 5-HT 7	39	Antagonist
Alpha-adrenergic-1	57	Antagonist
Histaminergic	61	Antagonist
Cholinergic-Muscarinic	>1000	Antagonist

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Receptor binding affinities of iloperidone

Receptor	Ki (nM)
Alpha-adrenergic-1	0.36
Serotonin 5-HT 2A	5.6
Dopamine D-2	6.3
Serotonin 5-HT 7	22
Serotonin 5-HT 1A	168
Histaminergic	473
Cholinergic-Muscarinic	>1000

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Receptor binding affinities of asenapine
 (limited receptors – see next slide for additional receptor Ki's)

Receptor	Ki (nM)
Serotonin 5-HT 2C	0.03
Serotonin 5-HT 2A	0.06
Serotonin 5-HT 7	0.13
Histaminergic	1.0
Alpha-adrenergic-1,2	1.2
Dopamine D-2	1.3
Serotonin 5-HT 1A	2.5
Cholinergic-Muscarinic	8128

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Receptor binding affinities of asenapine

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Receptor	Ki (nM)
Serotonin 5-HT 2C	0.03
Serotonin 5-HT 2A	0.06
Serotonin 5-HT 7	0.13
Serotonin 5-HT 2B	0.16
Serotonin 5-HT 6	0.25
Dopamine D-3	0.42
Histaminergic	1.0
Dopamine D-4	1.1
Alpha-adrenergic-1,2	1.2
Dopamine D-2	1.3
Dopamine D-1	1.4
Serotonin 5-HT 5	1.6
Serotonin 5-HT 1A	2.5
Serotonin 5-HT 1B	4.0
Cholinergic-Muscarinic	8128

Receptor binding affinities of lurasidone

Receptor	Ki (nM)
Serotonin 5-HT 2A	0.5
Serotonin 5-HT 7	0.5
Dopamine D-2	1.0
Serotonin 5-HT 1A	6.4
Alpha-adrenergic-2c	11
Alpha-adrenergic-2a	41
Histamine-H-1	>1,000
Cholinergic- Muscarinic-1	>1,000

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Receptor binding affinities of brexpiprazole

Receptor	Ki (nM)	Activity
Serotonin 5-HT 1A	0.12	Ant/Part Agon
Alpha-adrenergic 1B	0.17	Antagonist
Dopamine D 2	0.3	Ant/Part Agon
Serotonin 5-HT 2A	0.47	Antagonist
Alpha-adrenergic 2C	0.59	Antagonist
Alpha-adrenergic 1D	2.6	Antagonist
Serotonin 5-HT 7	3.7	Antagonist
Alpha-adrenergic 1A	3.8	Antagonist
Histaminergic 1	19	Antagonist

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Receptor binding affinities of cariprazine

Receptor	Ki (nM)	Activity
Dopamine D-3	0.085	Ant/Part Agon
Dopamine D-2L	0.49	Ant/Part Agon
Serotonin 5-HT 2B	0.58	Antagonist
Dopamine D-2S	0.69	Ant/Part Agon
Serotonin 5-HT 1A	2.6	Ant/Part Agon
Serotonin 5-HT 2A	18.8	Antagonist
Histaminergic – 1	23.2	Antagonist
Serotonin 5-HT 2C	134	Antagonist
Noradrenergic alpha 1A	155	Antagonist
Cholinergic-Muscarinic	>1000	Antagonist

FDA approved 2016 product insert

Questions??